

Corporate Wellness

Help your employees become active, healthy and more productive today!



GOOD HEALTH IS GOOD BUSINESS

At the Spencer Family YMCA, we are committed to helping people grow in spirit, mind and body. We are more than a "swim and gym". We are a cause within a facility providing members with a supportive and motivational environment to take control of their health and well-being. The Y offers a wide variety of programs, services and volunteer opportunities to help members stay healthy and connected.

A YMCA Corporate Membership is available to employees and their family. Through the Corporate Membership Program, employees receive 5-15% membership discount on any adult or family membership of which the employee is included (ie. does not include include Adult/Senior or Youth only memberships for family members only).

Active Employee Membership Discounts:

5 - 9 employees = 5% discount

10 - 14 employees = 10% discount

15+ employees = 15% discount

With a YMCA membership, youth qualify for priority registration for each program session, as well as the regular member discount.



QUESTIONS? Contact:

Spencer Family YMCA
(P) 712 262 3782

Megan Whitaker

Director of Operations
mwhitaker@spencerymca.org

CORPORATE MEMBER BENEFITS

NATIONWIDE MEMBERSHIP

With a Spencer Family YMCA membership, you will have access to all cooperating YMCA's Nationwide.

FITNESS ASSESSMENT

FREE Fitness Assessment and orientation to the Y Nautilus Center & Weight Room

FREE GROUP EXERCISE

Adult exercise classes are free to members. The Y will set up sample classes at the Y just for employees at your company.

FAMILY FUN DAY

Corporate members join with Y staff to plan an annual Family Fun Day for all of their employees, which may include Y staff-led activities, inflatables and pool activities. ALL employees are invited, even if they do not have membership.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CORPORATE 2019



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	Bank Draft Rate	5% Discount	10% Discount	15% Discount	20% Discount	25% Discount
	Annual Rate	Corporate	Corporate	Corporate	Military	YMCA EE
Youth	\$ 21.00	\$ 19.95	\$ 18.90	\$ 17.85	\$ 16.80	\$ 15.75
	\$239.40	\$227.43	\$215.46	\$203.49	\$191.52	\$179.55
Adult	\$ 40.00	\$ 38.00	\$ 36.00	\$ 34.00	\$ 32.00	\$ 30.00
	\$456.00	\$433.20	\$410.40	\$387.60	\$364.80	\$342.00
Senior	\$ 28.60	\$ 27.17	\$ 25.74	\$ 24.31	\$ 22.88	\$ 21.45
	\$326.06	\$309.76	\$293.45	\$277.15	\$260.85	\$244.55
Adult Couple	\$ 57.25	\$ 54.39	\$ 51.53	\$ 48.66	\$ 45.80	\$ 42.94
	\$652.60	\$619.97	\$587.34	\$554.71	\$522.08	\$489.45
Solo-Parent	\$ 42.16	\$ 40.05	\$ 37.94	\$ 35.84	\$ 33.73	\$ 31.62
	\$480.60	\$456.57	\$432.54	\$408.51	\$384.48	\$360.45
Family	\$ 68.36	\$ 64.94	\$ 61.52	\$ 58.11	\$ 54.69	\$ 51.27
	\$779.25	\$740.29	\$701.33	\$662.36	\$623.40	\$584.44

CURRENT CORPORATE PARTNERS:

Avera Family Care	5%	Military	20%
Arnold Group	10%	Northwest Bank	15%
Campbell, Higgins & Mummert	5%	Seasons Center	10%
City of Spencer	10%	Solutions, Inc.	10%
Clay County	10%	Spencer Hospital	15%
Community Savings	5%	Spencer Family YMCA*	25%
Farmers Bank	15%	Spencer Public Schools	15%
Iowa Lakes Regional Water	5%	SMU	5%
Great Lakes Communications	10%	State of Iowa	15%
Midwestern Mechanical	5%	St. Luke's	10%

GUEST PASSES:

	Day Rate
Youth	\$7.00
Adult	\$10.00

NEW TO THE Y?

Take a tour of the Y and receive a 1-week FREE Trial Membership

QUESTIONS?

Contact Sandra Moeller
Marketing & Membership Director
smoeller@spencerymca.org

HOW IT WORKS:

- The employee receives the benefit. Therefore, the membership must include the employee (ie. does not include a Youth-only membership, or an Adult/Senior membership for the spouse only).
- Corporate & Military - discounts are for membership only and do not include youth programs, personal training, special events, etc.
- Corporate - One discount per membership is permitted.
- Military discount applies for ALL family members in ALL membership types.
- Y employees receive a FREE membership. Any membership for which the Y employee would be included receives a 25% discount.