

# SPENCER POLICE ASSOCIATION (LOWER) GYM SCHEDULE (AUG. 23 - OCT.3)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:15a	5:15 - 6:15a OPEN BASKETBALL		5:15 - 6:15a OPEN BASKETBALL		5:15 - 6:15a OPEN BASKETBALL	
6:00a						
7:00a						
8:00a	8:00 - 8:30a KIDS CLUB					8:00 - 10:00 YOUTH VOLLEYBALL
9:00a	8:30 - 9:15a Y FIT	9:00 - 10:00a Y PUMP	8:30 - 9:15a Y FIT			
10:00a	KIDS CLUB FULL GYM 10:00 - 11:15 (NO SCHOOL DAYS)					
11:00a	CHILDCARE / YOUTH CLASS 11:30 - 12:00					
NOON						
2:00p						
3:15p	3:15 - 5:15 GYMNASTICS (Tuesday ONLY)					
4:00p	4:00 - 5:00 YOUTH CLASS					
5:30p	5:30 - 6:15p Y FIT	5:30-6:30p Youth Volleyball 1/2 Open	5:30 - 6:15p Y FIT	5:30-6:30p Youth Volleyball 1/2 Open		
6:30p	6:30-7:30p Youth Volleyball	6:30-7:30p Youth Volleyball				
7:30p						

SCHEDULES SUBJECT TO CHANGE WITHOUT NOTICE.

# MIDDLE GYM SCHEDULE (AUG. 23 - OCT. 3)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:45a						
6:00a						
7:00a						
8:00a						8:00 - 10:00 YOUTH VOLLEYBALL
9:00a						
10:00a	10:00 - 11:00a PARKINSONS IN MOTION	10:15 - 11:15a SR STRENGTH & CARDIO	10:00 - 11:00a PARKINSONS IN MOTION	10:15 - 11:15a SR STRENGTH & CARDIO		
11:00a						
NOON	12:00 - 2:00P PICKLEBALL					
1:00p						
2:00p	2:00 - 4:00P CHILDCARE (1/2 GYM INCLEMENT WEATHER)					
3:00p						
4:00p	4:00 - 5:30P KIDS CLUB FULL GYM - INCLEMENT WEAHER					
5:30p	5:30 - 6:30p CARDIO DANCE	5:30 - 6:30p ZUMBA	5:30 - 6:30p CARDIO DANCE	5:30 - 6:30p ZUMBA		
6:30p						
7:00p						

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