

SPENCER POLICE ASSOCIATION (LOWER) GYM SCHEDULE (MAY 31 - AUG 14)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00a		5:00 - 5:45a Y FIT		5:00 - 5:45a Y FIT		
5:15a	5:15 - 6:15a OPEN BASKETBALL		5:15 - 6:15a OPEN BASKETBALL		5:15 - 6:15a OPEN BASKETBALL	
6:00a						
7:00a		7:15 - 8:15a HS ATHLETIC DEVELOPMENT		7:15 - 8:15a HS ATHLETIC DEVELOPMENT		
8:00a						
9:00a	8:30 - 9:15a Y FIT	8:30 - 10:45a CHILDCARE	8:30 - 9:15a Y FIT	8:30 - 9:15a Y FIT	8:30 - 10:45a CHILDCARE	
10:00a	9:30 - 10:45a YOUTH CLASS		9:30 - 10:45a YOUTH CLASS			
11:00a	KIDS CLUB FULL GYM 10:45 - 11:30					
NOON	CHILDCARE 11:30 - 12:30					
1:00p	KIDS CLUB 12:30 - 1:30					
2:00p	YOUTH CLASS 2:00 - 3:00					
3:00p						
4:00p						
5:30p	5:30 - 6:15p Y FIT		5:30 - 6:15p Y FIT			
6:00p						
7:00p						

SCHEDULES SUBJECT TO CHANGE WITHOUT NOTICE.

MIDDLE GYM SCHEDULE (MAY 31 - AUG 14)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30a						
6:30a						
7:00a						
8:00a	8:00 - 8:45a KIDS CLUB FULL GYM					
9:00a	8:00 - 9:30a KIDS CLUB FULL GYM	8:45 - 9:45a Y PUMP	8:00 - 9:30a KIDS CLUB FULL GYM	8:45 - 9:45a Y PUMP	8:00 - 9:30a KIDS CLUB FULL GYM	
10:00a	10:00 - 11:00a PARKINSONS IN MOTION	10:15 - 11:15a SR STRENGTH & CARDIO	10:00 - 11:00a PARKINSONS IN MOTION	10:15 - 11:15a SR STRENGTH & CARDIO		
11:00a						
NOON	12:15 - 12:45p CORE EXPRESS	12:00 - 2:00p PICKLEBALL	12:15 - 12:45p CORE EXPRESS	12:00 - 2:00p PICKLEBALL		
1:00p	1:00 - 3:00p PICKLEBALL		1:00 - 3:00p PICKLEBALL			
2:00p		2:00 - 4:00p CHILDCARE INCLEMENT WEATHER				
3:00p	3:00 - 4:00p CHILDCARE INCLEMENT WEATHER		3:00 - 4:00p CHILDCARE INCLEMENT WEATHER	2:00 - 4:00p CHILDCARE INCLEMENT WEATHER		
4:00p	4:00 - 5:30p KIDS CLUB FULL GYM					
5:30p	5:30 - 6:30p CARDIO DANCE		5:30 - 6:30p CARDIO DANCE			
6:30p						
7:00p						

SCHEDULES SUBJECT TO CHANGE WITHOUT NOTICE.