

# Spencer Family YMCA building policies for Youth Members

**For your child's own benefit and safety, the staff of the Spencer Family YMCA would like your help in following these policies to make your child's visit here a safe and enjoyable one for them and for our other members.**

A parent or guardian (*guardian must be at least 16 yrs old and with the child at all times*) must directly supervise youth in 4th grade and under unless the youth is registered in a specific program or activity. We ask that children are not left unattended any longer than 5 minutes before or after an activity. If your child needs to come to the YMCA directly after school, please enroll them in Y's care until their activity begins. **The YMCA staff will place your child in child care until you come to pick them up if they are in the facility unsupervised in which there is a minimal fee of \$2.50 an hour.**

The 5th and 6th graders are allowed up to 2 hours of recreational play after which time they need to be involved in a supervised activity or program.

This youth policy also pertains to children of adults participating in any fitness class. If your child is not in 5th grade they must attend drop in child care during all adult fitness classes. We offer drop in care for infants through fourth grade Monday—Friday 8:30am– 10:00am and 5:00pm—6:30pm. If you are participating in our Saturday classes please make prior arrangements for your children. This policy is being implemented for the safety of your child and to be respectful of all members.

Children must also follow building and pool rules, which are clearly posted in all gym and pool areas. Any child who does not follow these rules may be asked to leave and a parent or guardian will be notified by phone of the incident. During open swim times, if your child is younger than 8 years old or they are wearing a floatation device they must also be in direct contact with an adult parent or guardian who must stay in the water with the child. A child must be able to swim the width of the Olson Pool using a beginner's level crawl stroke to participate, if the child cannot successfully perform this test, they must be directly accompanied by an adult parent or guardian who must stay in the water with the child. To swim in the deep end, a child must swim 25 yards of crawl stroke continuously.

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